Maintenance Drug Program

The Maintenance Drug Program (MDP) allows network members to receive their choice of a 30, 60 or 90 day supply of maintenance drugs at their local network pharmacy. Maintenance drugs are used to treat long-term and chronic disease states. The highlights of the MDP are as follows:

- The MDP is based on a list of maintenance drugs developed by CIGNA's pharmacists. Medications for the following medical conditions are typically found on the MDP list:

  - Clotting disorders
  - Congestive heart failure
  - Coronary artery disease
  - Diabetes mellitus
  - Glaucoma
  - Hormone therapy
  - Hypertension
  - Thyroid disorders

- The copayment for MDP medications varies, depending on the days supply chosen. For example:

30 day supply	$7 copayment
60 day supply	$14 copayment
90 day supply	$21 copayment

- Employees have the option to choose what days supply they wish to receive from the pharmacy as long as the amount of drug requested does not exceed the amount prescribed by the physician.

- If an employee is started on a maintenance drug or the form of maintenance drug they are presently taking is changed by their physician, the MDP will only allow them to receive an initial 30-day supply of the medication. Many times a patient starts on a medication which causes side effects and must be stopped, or the doctor will adjust the dose and change to a different strength of the medication. In the majority of cases, if the medication needs to be changed it will happen within the first 30 days of therapy.

  IMPORTANT–This initial 30-day supply limit will apply to the first maintenance drug prescription filled after June 1, 1994.

- After the initial 30 day supply is dispensed by the pharmacy, the employee can utilize the 30, 60 or 90 day supply option.

- If the medication is not on the MDP list, the employee will only be able to receive a 30-day supply.

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